



TRIPLE P PARENTING PROGRAM IN HASTINGS/PRINCE EDWARD

TRIPLE P CHILDREN'S SERVICES NETWORK MEETING Monday Oct 5, 2008 Banquet Centre

1. **Update on Training:** Our second training session was completed on September 12, 2008 and accreditation will take place the first two weeks of November 2008. At that time we will have 83 staff trained in various levels of Triple P Parenting. We are currently implementing levels 2 Selected, 3 Primary Care, 4 Standard, 4 Group and 5 Enhanced. As of the end of November 2008 we will also be implementing Teen Group Triple P as well.
2. **Program Reach:** The program is being offered in all geographic areas across both Hastings and Prince Edward Counties. It services families with children 0-18 years old. All families can access the program from those needing parenting advice to those requiring intensive behavioral intervention and support.
3. **Partnerships:** In total there are fifteen agencies across both counties who have staff trained in Triple P. These include;
 - North Hastings Children Services,
 - Hastings and Prince Edward Counties Health Unit,
 - Community Living Prince Edward,
 - Prince Edward County Children's Aid,
 - Family Space/Ontario Early Years Centre Belleville,
 - Trenton Family Military Resource Centre,
 - Counselling Services of Belleville and District,
 - Community Development Council,
 - Hastings and Prince Edward District School Board,
 - Children's Mental Health Services,
 - Gateway Community Centre,
 - Hastings Children's Aid Society,
 - Mohawk Family Services,
 - Prince Edward Childcare Services and
 - YMCA/Early Years in Quinte West.
4. **Service Statistics from LAST QUARTER:** North Hastings serviced 25 families this quarter in level 2, 5 families in level 3, 9 families in level 4 (standard) and 14 families serviced in 4 group.

Quinte West serviced 49 families in level 2, 14 families in level 3, 1 family in Standard 4, 2 families in level 5.



TRIPLE P PARENTING PROGRAM IN HASTINGS/PRINCE EDWARD

Belleville/Centre Hastings serviced 58 families in level 2, 14 families at level 3, 3 families in Standard 4, 25 families in level 4 group, 1 family in level 5.

Prince Edward serviced 45 families in level 2, 2 families in level 3, 4 families in Standard 4.

TOTAL FAMILIES SERVED IN HASTINGS BY TRIPLE P THIS LAST QUARTER: 220

TOTAL FAMILIES SERVED IN PRINCE EDWARD BY TRIPLE P THIS LAST QUARTER: 51

In addition to the quantitative statistics there are reports being compiled that speak to quality of the service, including client satisfaction questionnaires and standard measures related to Child's Behavior, Parenting Style, Parental Depression, Partner Support/Co-parenting, Parental Confidence related to Parenting etc. Although the final compilation and analysis is not complete, when reviewing these files there is a very positive response from parents in the Client Satisfaction surveys as well as clear improvements in Children's behaviour, parents confidence and a decrease in reported depression post Triple P when compared to results pre Triple P.

The measures used to assess program effectiveness at Level 2 and 3 of Triple P are Parent Satisfaction Surveys. To date 180 surveys have been collected and reviewed. The survey in total has 10 questions assessing families' response. For the purposes of this review three questions were chosen as the focus. All three address the outcomes as a community we see as a priority. These questions are:

1. Overall how would you rate the content of the program/seminar?
2. Was the program helpful in gaining an understanding of what you can do to help your child learn new skills and behavior?
3. Do you intend to implement the parenting advice you have received?

These questions focus on parenting skill, confidence in implementing as well as response to the program content.

The rating scale was one to seven, one being poor/no definitely not and seven being excellent/yes definitely.

Out of a total of 180 Parent Satisfaction Survey's reviewed for question number 1, 89 families rated the program content as excellent. Another 61 rated the program content a six out of a possible seven. **In total 83% of families rated the program content as very good or excellent.**

Out of a total 180 Parent Satisfaction Survey's reviewed for question number 2, 83 families noted "yes definitely" they had gained an understanding of how to teach their child new skills



TRIPLE P PARENTING PROGRAM IN HASTINGS/PRINCE EDWARD

and behaviors. Another 56 out of 180 rated this question a six out of a possible seven. **In total 77% of families noted that the program helped them gain an understanding of how to teach their child new skills and behaviors.**

Out of a total 180 Parent Satisfaction Survey's reviewed 110 families noted that "yes definitely" they would implement the parenting advice received. A further 45 families gave a rating of six out of a possible seven for this question. **In total 86% of families reviewed stated they intended to implement the parenting advice that they had received.**

Practitioners Response:

Pre and post test scores were collected from practitioners related to self efficacy in parent consultation skills, quality of the training, confidence in conducting sessions with families and overall satisfaction with the training and accreditation sessions.

Results from these measures showed that practitioners reported a significant overall increase in their ability to train and conduct sessions with parents when using Triple P. Further practitioners reported significant increases in their own self confidence related to assisting parents with child behavioral issues. Overall staff felt the training and accreditation process increased their clinical skills and abilities in the area of child behavior and parent consultation. 99% of practitioners indicated satisfaction to extreme satisfaction with the training and accreditation process.

Community Collaboration:

To measure how effective the program is in establishing collaboration, The Triple P Collaboration Questionnaire was sent to all fifteen partners in Triple P across Hastings and Prince Edward Counties.

This questionnaire consists of ten questions in total which speak to opportunity for local partnerships (management level), provincial partnerships, linkages among staff, whether families were felt to benefit from the collaboration and the overall effective of the program in establishing/strengthening collaboration among partners.

Eight out of the fifteen partners completed and returned the questionnaire. Out of the eight questionnaires completed four partners indicated that their staff responded positively to the program, three others reported staff responded very positively and one partner indicated that their staff accepted the program. Seven reported that their staff had the opportunity to partner with another agency in delivery of Triple P in the community. Seven out of the eight partners noted that their involvement in Triple P has built connections and relationships with other service partners. One partner noted that they had not but that relationships had already existed.



TRIPLE P PARENTING PROGRAM IN HASTINGS/PRINCE EDWARD

Three partners had the opportunity to build partnerships on a provincial level as a result of their involvement with the Triple P Program. Six out of the eight partners noted that the Triple P Program has been effective in building community collaboration across both counties and two partners reported they felt the program had been extremely effective in building collaboration.

5. Budget and Expenses:

September 2008 training	\$68,800.00 (level 2, 3, 4 Teen, 4 Standard)
Venue for training	\$ 4, 480.00
Incidentals ie trainer expenses	\$ 3,000.00
Customs/Shipping costs	\$ 2,500.00
Level 5 resources	\$ 1,000.00
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	\$ 79,780.00

Approximately \$80,000 to pay current expenses

ADDITIONAL UPDATES:

- phone line for Triple P
- Coordinator

NECESSARY FUTURE COSTS:

- Resources for Group Teen Triple P -- we have none to date
- Resources for level 2, 3 and 4 - we have roughly 20 each (takes ten to fifteen to run one group),
- Media Campaign - \$8,000.00 we have not began a media campaign this year due to lack of funding.
- Coordinator position continued next year
- Further need for Teen Training

Triple P is the largest community-built, evidenced-based program in this area. It spans two counties, fifteen agencies and, in the last quarter alone, has provided valuable service to approximately 271 families. In this community we have identified increasing community partnerships and providing evidenced-based programming as priorities.....we have committed to these qualities.....this is Triple P.

6. **Reserves:** \$17, 500 - agency donations
\$ 4,000.00 - shared training opportunity with KHCAS